

DAILY SCHEDULE

Time	Activity	Description
7:00-8:00	Arrival/Free Play	Children arriving can choose from the following activities: dramatic play, science, cognitive, manipulative toys, colouring, block play, books. Children are given a 5 minute warning for tidying up for washroom routine.
8:00-8:15	AM Snack	Children sit together for snack where socialization and self-help skills are encouraged. Children are encouraged to serve themselves.
8:15-9:00	Prepare & Walk to the School/Bus Stop /Washroom Routine	Children are encouraged to use the washroom facilities and wash hands. Children are encouraged to develop their self-help skills in regards to dressing themselves.
9:00-10:00	Outdoor Play	Children are encouraged to use gross motor skills during outside time and can choose from riding toys, sandbox, and a variety of other games and activities daily. <i>(Weather Permitting)</i>
10:00-11:00	Free Play/ Arts & Crafts	Children can choose from the following activities: dramatic play, science, cognitive, manipulative toys, colouring, block play, books. Children are also encouraged to participate in the craft activity at this time and/or choose from the free choice art shelf.
11:00-11:20	Circle	This is a teacher directed activity that involves all of the children gathering together to discuss the current theme, learn new concepts and/or participate in songs, fingerplays and/or games
11:20-11:30	Quiet Activities/ Prepare for Lunch	Children prepare for lunch by washing hands and are encouraged to wait for the other children by choosing a quiet toy from the 'waiting toy basket'.
11:30-12:00	Lunch	Children sit together for lunch where socialization and self-help skills are encouraged. Children are encouraged to serve themselves.
12:00-12:15	Washroom Routine/ Books	Children are encouraged to clean up after lunch. Children are encouraged to use self-help skills for washroom routine. Children can choose a book while waiting for 'lights out'.
12:15-2:15	Rest Time	Rest time is for 2 hours each day. Soft music is played and children may sleep. Children do not have to sleep but they are encouraged to rest during this time for a maximum of 1 hour. Early risers and 'resters' are provided with quiet activities.
2:15-2:30	Free Play/ Washroom Routine	Children are provided with a variety of activities that may include math, matching, sorting and fine motor. Sensory play is also provided. Children are encouraged to use self-help skills.
2:30-3:20	Prepare & Walk to the School/Bus Stop /Washroom Routine	Children are encouraged to use the washroom facilities and wash hands. Children are encouraged to develop their self-help skills in regards to dressing themselves.
3:20-3:35	PM Snack	Children sit together for snack time where socialization is encouraged. Children are encouraged to use self-help skills.
3:35-3:50	Active Songs/ Story Circle	Children are introduced to a variety of music and movement activities.
3:50-4:00	Prepare For Outside	Children are encouraged to dress independently; teacher is available for assistance. Children are encouraged to use the washroom facilities and wash hands. <i>(Weather permitting)</i>
4:00-5:00	Outside Play (Times May Vary)	Children are encouraged to use gross motor skills during outside time and can choose from the climber, riding toys, sandbox, and a variety of other games and activities daily.
5:00-5:30	Departure Time	Quiet activities and shelf toys are available indoors as children depart for home.